



**National
Grandparents Day
September 8th**

September



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:30 Church 3:00 Movie	2 Labor Day Holiday	3 Calm Program 9:30 Exercise Tape 10:00 Horse Races 3:00 Memory Game	4 9:30 Exercise 10:00 Pokeno 2:00 Crafts & Refreshments	5 9:30 Strength Training 2:00 Blackout Errands	6 9:00 Fishing at Carson Fish Hatchery & Fish Fry Picnic 2:30 Library & Story Time	7 9:30 Exercise Tape Independent Games WII Game Bowling
8 9:30 Church 3:00 Movie National Assisted Living Week >	9 Massage w/John 9:30 Exercise 10:00 Jackpot 2:00 Church Walker/wheelchair wash	10 Calm Program 9:30 Exercise Tai Cha 10:00 Horse Races- Bet at the races 3:00 Memory Game	11 Errands 9:30 Carnival Time 2:00 Crafts 6:00 Puppies training for the Handicap	12 9:30 Strength Training Lift those weights 2:00 Casino Blackout 5:30 Open House Business After Hours	13 9:30 Balloon Exercise 10:00 Nickel Bingo 3:00 Party with the Staff 15 years for Rock Cove	14 9:30 Exercise Tape Independent Games WII Game Bowling
15 9:30 Church 3:00 Movie	16 Calm/Spa Day 9:30 Exercise 10:00 Jackpot 2:00 Church	17 Calm Program 9:30 Exercise Tape 10:00 Horse Races 11:00 Resident Focus Group with CCL	18 9:30 Exercise 10:00 Pokeno 1:00 Tenant Meeting 6:00 Puppies	19 9:30 Strength Training 2:00 Blackout 3:30 Tea Time Errands	20 9:30 Exercise 10:00 Nickel Bingo 1:30 Falcon Show 2:30 Library & Story Time	21 9:30 Exercise Tape Independent Games WII Game Bowling
22 9:30 Church 3:00 Movie	23 Calm/Spa Day Massage w/John 9:30 Exercise 10:00 Jackpot 2:00 Church	24 Calm Program 9:30 Exercise Tape 10:00 Horse Races 3:30 Happy Hour	25 9:30 Exercise 10:00 Pokeno 6:00 Puppies training for the Handicap	26 9:30 Strength Training 2:00 Blackout 3:30 Apple/Cheese Paring Tasting Errands	27 9:30 Exercise 10:00 Nickel Bingo	28 9:30 Exercise Tape Independent Games WII Game Bowling
29 9:30 Church 3:00 Movie	30 Calm/Spa Day 9:30 Exercise 10:00 Jackpot 2:00 Church 3:30 Tea w/Clyde	 Homemade Happiness <small>National Assisted Living Week®</small>	National Assisted Living Week September 8-14, 2013		Birthdays Marie Honeywell 10 Edna Skaar 15 Helen Barnes 29	Calm/Spa Day w/Marissa-Mondays w/Marilyn-Tuesdays Foot care/hand care

Homemade Happiness will be a time to recognize the efforts, small and large of every individual in our community who turns Rock Cove into HOME!!!!